

COURSE OFFERINGS

9

Physical Education & Wellness Courses

PE FITNESS

WELLNESS I

10

Physical Education & Wellness Courses

PE FITNESS
LIFETIME ACTIVITY
PERSONAL FITNESS
SPORT PERFORMANCE
TEAM SPORTS
UNIFIED PE

WELLNESS I
WELLNESS II

11

Physical Education & Wellness Courses

PE FITNESS
LIFETIME ACTIVITY
PERSONAL FITNESS
SPORT PERFORMANCE
TEAM SPORTS
UNIFIED PE

WELLNESS I
WELLNESS II
INTERPERSONAL RELATIONSHIPS

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Physical Education & Wellness Courses

PE FITNESS
LIFETIME ACTIVITY
PERSONAL FITNESS
SPORT PERFORMANCE
TEAM SPORTS
UNIFIED PE

WELLNESS I
WELLNESS II
INTERPERSONAL RELATIONSHIPS

PE
&
WELLNESS